



2026

ASHLEY S

LIFE WITH CYSTIC FIBROSIS



FAMILY

My family is my support team. They are always there for me no matter the situation. They have encouraged me to always work hard and they push me to my limits. I'm so thankful for them and everything they have done in my life.





FRIENDS

My friends also support me in everything. They allow me to be myself around them and push me to my limits. I'm so thankful for all of them and the impact they have made in my life.



TRAVELING

Having Cystic Fibrosis has taught me to take every opportunity and make the most of it. This mindset has made me want to experience new places and try new things.



SPORTS & PHYSICAL ACTIVITIES

I'm an outgoing, active person who loves participating in anything sports related. I played softball and basketball growing up and that taught me to stay motivated, disciplined, and the importance of hard work. I'm not a part of any sports teams in college but I keep myself active still.





LIVING LIFE

Having Cystic Fibrosis has taught me to live life to the fullest. I view everyday as a gift so I choose to fill my days with purpose and to be thankful for every opportunity.

