

I Turned 23 Last Month

Growing up I was hospitalized almost every year
My imminent sickness became my greatest fear
Moving to start a new life
Was my mother's greatest sacrifice
What started out as a blank page
Then slowly filled with anxious rage
It's scary not knowing what comes next
Yet always hoping for the best
Tears, screams, and broken hearts
Who could discern them apart?
It's been weeks looking out the same window from my hospital bed
Anxious thoughts run through my head
Will I be okay? Will I make it another day?
Drowning in sorrow
Lost in today and scared for tomorrow
But times like these uncertain and unclear will teach us how to cope
with fear
I focus on my passions and my hope is never lost
Despite the pain I endure, a worthwhile cost
My mother's wise words I shall not forget
Do not let fear be your biggest regret
My mother did not live in fear
She took a risk at the expense of her career
She hoped that through her sacrifice
I could live a better life
So darling wipe those tears away
For everything will be okay
When hope is lost, and fear prevails
Relinquished efforts ensure you fail
Let go and do not fret
For fear is the only threat
Keep on trying you will see
Fast forward, just a month ago you turned 23
I am so grateful for all those who supported me.